

*It always seems
impossible...
until it's done.
Dream big!*

January 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						I <i>New Year's Day</i>
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 <i>MLK Jr. Day</i>	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

You will
NEVER have
this day again...
make it count.

February 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
	Valentine's Day					
20	21	22	23	24	25	26
	Presidents' Day					
27	28					

When you feel
like quitting...
think about why
you started.

Goal for the month:

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 <i>Ash Wednesday</i>	3	4	5
6	7	8	9	10	11	12
13 <i>Daylight Savings</i>	14	15	16	17 <i>St. Patrick's Day</i>	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Wake up with
determination.
Go to bed with
satisfaction.

Goal for the month:

April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
					Good Friday	
17	18	19	20	21	22	23
Easter Sunday						
24	25	26	27	28	29	30



Be the BEST
version of you.

May 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I	2	3	4	5	6	7
8	9	10	11	12	13	14
Mother's Day						
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
Memorial Day						

There is no one giant
step that does it...
it's a series
of small steps.

June 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
		Flag Day				
19	20	21	22	23	24	25
Father's Day						
26	27	28	29	30		

Small improvements
daily are the key
to staggering
long-term results.

July 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	Independence Day					
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Every
accomplishment
starts with the
decision to try.

August 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Life begins
at the end
of your
comfort zone.

Goal for the month:

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				I	2	3
4	5 <i>Labor Day</i>	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Stop doubting
yourself,
work hard,
& make it

October 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						I
2	3	4	5	6	7	8
9	IO <i>Columbus Day</i>	II	I2	I3	I4	I5
I6	I7	I8	I9	20	2I	22
23	24	25	26	27	28	29
30	3I <i>Halloween</i>					




*There is no elevator to success.
You have to take the stairs.*

November 2022

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
<i>Daylight Savings</i>					<i>Veteran's Day</i>	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
				<i>Thanksgiving</i>		
27	28	29	30			



The page is decorated with several watercolor-style Christmas ornaments. There are yellow ornaments with orange polka dots, red and green striped ornaments, and solid red ornaments. They are scattered around the central text and the calendar.

*Push harder
than yesterday
if you want a
different tomorrow.*

Goal for the month:

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
Christmas Day						New Year's Eve