Deep Cleaning Checklist

Monthly	Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Microwave cleaned out												
Clean out & disinfect trashcans												
Clean doorknobs, lightswitches, handles												
Dust moldings, ceiling fans, overhead lights, window sills, hard-to-reach spots												
Clean shower/tubs												

Quarterly	Winter	Spring	Summer	Fall
Stove-top & range hood well-cleaned				
Blankets, bedcovers, comforters, etc.				
Washer & dryer (front, top, inside)				
Dishwasher				
Pull everything out of refrigerator/freezer Pull out drawers and shelves. Clean. Toss expired goods.				
Dust/clean baseboards				
Shades/blinds dusted/wiped down				
Clean fronts of kitchen cabinets				
Wash rugs				

Semi-annually	1st	2nd
Mattress & pillows		
Windows		
Oven		
Vacuum furniture		
Clean behind fridge		
Clean under beds		
Behind washer/dryer		

Annually	
Grout	
Deep-clean carpet	
Pull everything out of all cabinets and drawers. Clean inside, and organize.	
Upholstery professionally cleaned	
Window screens	
Wash walls	
Drapes	
Throw out/donate unused items	