

When you feel
like quitting...
think about why
you started.

March 2019

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 <i>Ash Wednesday</i>	7	8	9
10 <i>Daylight Savings</i>	11	12	13	14	15	16
17	18	19	20	21	22	23 <i>St. Patrick's Day</i>
24	25	26	27	28	29	30
31						