

Push harder
than yesterday
if you want a
different tomorrow.

December 2019

Goal for the month:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Christmas Day	26	27	28
29	30	31 New Year's Eve				