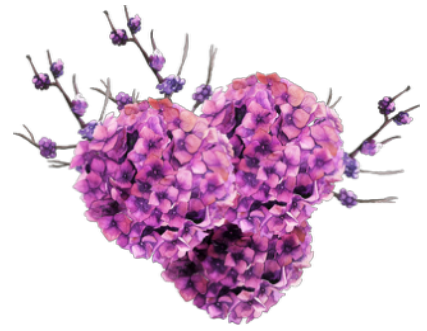




I am grateful for:

Gratitude in action



Sunday: _____

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

Saturday: _____

Action Plan/ Pay it forward:

Sunday: _____

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

Saturday: _____

Obstacle I'm facing:	What I'm learning from it: