Deep-Cleaning Checklist

Monthly		Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Microwave cleaned out													
Clean out & disinfect trashcans													
Clean doorknobs, lightswitches, handles													
Dust moldings, ceiling fans, overhead lights, window sills, hard-to-reach spots													
Clean shower/tubs													
Quarterly	Winte	nter Spring		Summer	Fall	Semi-annually		1st	2nd	Annually			
Stove-top & range hood well-cleaned						Mattress & pillows				Grout			
Blankets, bedcovers, comforters, etc.						Windows				Deep-clean carpet			
Washer & dryer (front, top, inside)						Oven				Pull everything out of all			
Dishwasher						Vacuum furniture				cabinets and drawers. Clean inside, and organize.			
Pull everything out of refrigerator/freezer Pull out drawers and shelves. Clean.				Clean behind fridge			Upholstery professionally						
Toss expired goods.						Clean under beds				cleaned			
Dust/clean baseboards Shades/blinds dusted/wiped down						Behind washer/				Window screens			
						dryer				Wash walls			
Clean fronts of kitchen cabinets									- Drapes				
Wash rugs										Throw out/donate unused items			
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